

# Community Food Smart

Fresh Produce at Affordable Prices



## What is Community Food Smart?

Community Food Smart is a bulk food-buying club for individuals and families keen on purchasing quality fruits and vegetables at affordable prices.

- Community Food Smart operates through a network of community partners who collect orders, provide volunteers, and distribute food bags to their members each month.
- Members pay \$15.00 each month they wish to receive a produce box when they place their order. They may purchase 1 or 2 bags each month (\$15 per bag)
- We pool the funds received and purchase fresh seasonal fruit & vegetables at wholesale, discount prices.
- On the **last Wednesday of each month**, produce bags can be picked up at one of four community distributors in Riverside Albert, Curryville, and Alma.

## How Can I Sign Up?

- Become a member by filling out the registration form & paying the \$10.00 (or pay what you can) membership fee.
- The membership fee covers you and all family members at the same address for 12 months.
- Pay **\$15.00** for your produce box by the third Wednesday of each month you wish to receive a produce bag.
- Return to the same distributor on the pick up date. Check with your distributor when you order to confirm the pick up time (for most it is after 1pm and before close of operations).
- Members decide month by month if they want to order. When returning to place the next order please return any recyclable produce bags from previous orders. If unable to return the bag, you will be asked for a payment (\$1) to cover the cost of purchasing a new bag for packing.

# Community Food Smart

## 2018 Winter/Spring Calendar

Order Due Dates	Pick Up Dates
February 21st	28th
March 21st	28th
April 18th	25th
May 23rd	30th
June 20th	27th



### What's in the Bag?

- The orders may vary month to month depending on the season and best pricing but the standard items will be:

Potatoes      Carrots  
Onions        Apples  
Bananas       Oranges

- Extra seasonal items may include:

Lettuce        Tomato  
Broccoli      Cucumber  
Berries       Celery  
Melons        Pears  
Plum           Corn etc....

### Where Do I Sign Up & Pay for My Order?

**Albert County Health & Wellness Centre** 8 Forestdale Rd, Riverside-Albert, 882-3100

**Crooked Creek Convenience** 5964 King St, Riverside-Albert, 882-2918

**Curryville Community Center**  
Contact Carole Coleman at [carolecoleman@xplornet.ca](mailto:carolecoleman@xplornet.ca)  
734-3006.

**Harbourview Market**  
8598 Main St, Alma, 887-2450

**Note:** If orders are not picked up by the end of the week, they must be discarded as we can no longer assure the quality of the food you receive.